

'Zoom' Counseling Groups

BEACON COLLEGE | SPRING 2020

BE SURE TO CHECK YOUR EMAIL FOR A ZOOM INVITATION ON THE DAY OF EACH GROUP!



ALLIANCE

MONDAYS @ 2PM
(LGBTQA)



MINDFULNESS

MONDAYS @ 5PM
(MEDITATION)



TUESDAYS @ 5PM
(SOCIAL SKILLS)



WEDNESDAYS @ 5PM
(EMOTION REGULATION)



**COPING WITH
COVID-19**

THURSDAYS @ 5PM
(SUPPORT GROUP)



FRIDAYS @ 2PM
(MEN'S GROUP)